



Pre-op Instructions

1. Get a good night's sleep prior to surgery.
2. Eat normal meals since only local anesthesia will be used.
3. Take all usual medications the day of surgery unless otherwise instructed.
4. Please inform us of any changes in medication since your last visit. This includes prescription and over-the-counter medications.
5. **Avoid all aspirin and aspirin-containing drugs 5 to 7 days prior to surgery:** Ecotrin, Bufferin, Excedrin, Alka-Seltzer, BC Powders, Stanback, Goody's, Anacin and Ascriptin.
6. Please let us know if your physician has instructed you to take aspirin on a daily basis as part of your medical regimen. If a physician has prescribed daily aspirin, please consult him/her before stopping.
7. Please let us know if you take any blood thinners such as Eliquis, Xarelto, Pradaxo, Plavix, Coumadin, Warfarin, Persantine, Dipyridamole, Heparin, or its derivatives. **DO NOT discontinue these blood thinners prior to surgery.** However, it is very important for us to have this information in your record.
8. Other analgesics may cause bleeding problems and should be left off 5 to 7 days prior to surgery: Motrin, Rufen, Nuprin, Advil and Aleve.
9. Avoid any amount of alcohol 48 hours prior to any surgical procedure. This includes beer, wine, liquor and liqueurs.
10. Please let us know if you have or have had any of the following:

Artificial heart valves____	Open heart surgery____
Heart murmurs____	Cardiac pacemaker____
Irregular heart beat____	Artificial blood vessels____
Mitral valve prolapse____	Artificial joints____

Some of the above situations may require prophylactic antibiotics prior to surgery. Prophylactic antibiotics are those given prior to surgery to prevent an infection from being established.

11. Please let us know if you require oral antibiotics prior to dental cleaning.
12. Please tell us if you are allergic to any medication/antibiotics.
13. Please tell us if you have had problems with local anesthetics or numbing medicines similar to those used by the dentist before working on your teeth.
There is a difference between Novacaine, Procaine and xylocaine–lidocaine.
14. Please tell us if you are allergic to iodine skin prep.
15. Please leave off makeup if surgery site is located on the face. Please have facial hair trimmed/shaved around surgery site.
16. Please have hair pulled/clipped away from face and surgery site.